

DentalBlue
DentalBluePreferred™
DentalBlueSelect™



MAKE THE MOST OF YOUR DENTAL PLAN

The benefits of staying in-network

When you see a dentist in the Blue Cross and Blue Shield of North Carolina (Blue Cross NC) network, you'll make the most of your dental plan with benefits like:

Saving on out-of-pocket expenses

Did you know that you can save money when you see a dentist in the Blue Cross NC network? Dentists in our network are paid a negotiated fee which gives you immediate savings for covered dental services.¹ We partner with our network providers to make sure you receive the best value for your money.

A large network to choose from

Our dental network is large and growing. There are currently more than 2,500 dental providers in the Blue Cross NC network. If you don't already have an in-network dentist, chances are there are several in-network dentists to choose from not far from where you live. You'll also have access to dentists in all 50 states through our national network, GRID+.

Quality you can count on

In-network dentists are credentialed by Blue Cross NC. They must meet certain standards to participate in our network.

Maintaining overall health and well-being

More than 100 systemic diseases – can have oral symptoms.² When you take advantage of no or low cost dental preventive services, you can make a positive impact on your overall health.

Find a dentist today

It's easy to find a dentist. Log in to [BlueConnectNC.com](https://www.BlueConnectNC.com), click the Dental tab, then select Find a Dentist. You can also go to [BlueCrossNC.com](https://www.BlueCrossNC.com) and select Find a Doctor.

If you still decide to go out-of-network, be aware that Blue Cross NC made a change to out-of-network payments on December 1, 2021. Payments will be directed to either you or your provider based on how the claim is filed. This means the provider's office may choose not to bill you up front.

In-network means:



Lower costs



No claims to file



Fully credentialed providers

Find a Dentist tool

To find an in-network dentist, use our Find a Dentist tool on [BlueConnectNC.com](https://www.BlueConnectNC.com)

Blue Cross NC offers several decision support tools, such as Find a Doctor and Find a Dentist, to aid members in making decisions around their health care experience. These tools are offered for member convenience and should be used only as reference tools. Members should consult their own legal counsel, tax advisor or personal physician as applicable throughout their health care experience.

¹ With providers who contract with Blue Cross NC, you will not be responsible for the difference between actual charges and allowed amount for covered services.

² Kane, Shawn F. The effects of oral health on systemic health. General Dentistry, Nov/Dec 2017; 65(6): 30-34.

GRID+ is an independent company that is solely responsible for the dental network access services it is providing. GRID+ does not offer Blue Cross or Blue Shield products or services.

BLUE CROSS®, BLUE SHIELD®, the Cross and Shield symbols, registered marks and service marks are marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans. All other trade names are the property of their respective owners. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association. U39244, 1/22



[BlueCrossNC.com](https://www.BlueCrossNC.com)



**BlueCross BlueShield
of North Carolina**