

Cook and Share Criteria Links

COOKING FOR PEOPLE

[Tray Roasts](#) B3.1, B3.2, B4.0, S3.0, S3.1, S3.2, S4.0, G3.0, G4.0

[Garlic Pinwheels](#) B3.1, S3.0, S3.2, G3.0

[Sausage Hotpot](#) B3.1, G3.0

[Sticky Ginger Buns](#) B3.1

[Soup Chooser](#) B3.1, S3.0, S3.2, G3.0

COOKING FOR PLEASURE

[Courgette Cake](#) B3.2, B4.0, S3.1, S3.2, S4.0, G4.0

[Celebrating Diwali](#) B3.1, G3.0 * *recipe contains nuts*

[Carrot Cake](#) B3.1, S3.0, S3.2, G3.0 * *recipe contains nuts*

[Food and Mood](#) B3.0, G4.2

COOKING FOR THE PLANET

[Veg fritters](#) B3.1, B4.0, S3.0, S4.0, G3.0, G4.0

[Bumble](#) B3.1, S3.0, S3.2, G3.0

[All About Apples](#) B3.1, B3.2, S3.0, S3.1, S3.2, G3.0

[Veg Peel Crisps](#) B3.1, S3.0, S3.2, G3.0

COOKING FOR THE POCKET

[Focaccia](#) B3.1, S3.0, S4.0, G3.0, G4.0

[Seeds and Spices](#) B3.1, B3.2, S3.0, S3.1, S3.2, G3.0

[Slow Cooker Recipes](#) B3.1, S3.0, S3.2, G3.0

[Mushroom and Chestnut Filo Pie](#) B3.1, B4.1, B4.0, B4.1, G3.0

[Lentil Ragu](#) B3.1, S3.0, S3.2, G3.0

[Festive Streusel](#) B3.1, B4.0, S3.0, S4.0, G3.0, G4.0 * *recipe contains nuts*

