

Intergenerational Practice involving Good Food

You are invited to take part in **FREE** training providing practical tools, tips and techniques on intergenerational practice involving good food and bringing generations together.

Learning Outcomes

- Understand more about good food and how to include it within community activities.
- Demonstrate an understanding of intergenerational practice (IP) and approaches in sharing food for life get togethers.
- Demonstrate confidence around planning interaction between generations.
- Develop knowledge, skills and confidence to enhance intergenerational work and relationships.
- Increased confidence to plan food based activities in your community such as growing, cooking or sharing good food.

Choose a date that suits you:

Venue: via Zoom interactive session

Dates: Tuesday 16th March or Tuesday 30th March

Time: 10 am—2pm (with 30 minute lunch break)

To register for a place contact: bella@generationsworkingtogether.org or telephone 07927550730

