



January 31, 2025 Weekly Situational Awareness Brief

Awareness Topics

Vacations are good for employee well-being, and the effects are long lasting

"If you're like many Americans, you probably didn't take all your vacation time this year. Even if you did, it's highly likely you didn't fully unplug while off the clock. But you might want to change that if you want to improve your health and well-being, according to a new review article."

KFF Tracking Poll on Health Information and Trust: January 2025

"As Senate committee hearings begin for President Donald Trump's nominees for key health positions, the latest KFF Tracking Poll on Health Information and Trust finds that public trust in government health agencies has fallen over the past 18 months, continuing a decline that began during the COVID-19 pandemic."

The new normal for hospital capacity

“Today, inpatient bed use rates are not far from what they were during the winter of 2022. Once a marker of acute crisis during the pandemic, hospital capacity challenges have now become a baseline reality for many health systems.”

The US Has Bird Flu Vaccines. Here’s Why You Can’t Get One

“H5N1 vaccines have been previously licensed, and millions are in the national stockpile. But even with the news of the country’s first human death due to bird flu, vaccination isn’t yet recommended.”

Using Health Data Responsibly

“The Joint Commission’s Responsible Use of Health Data™ Certification program will help healthcare organizations use data responsibly to improve the safety, quality and equity of care, develop new technologies, and discover new therapies benefiting all patients.”

Mobile & Wireless LTE, 5G Vulnerabilities Could Cut Entire Cities From Cellular Connectivity

“Vulnerabilities in open source and commercial LTE and 5G implementations could lead to persistent denial-of-service (DoS) conditions, leaving entire metropolitan areas or cities without cellular connectivity, academic researchers say.”

Upcoming MESH Educational Offerings

February 18, 2025 - The Dynamics of Change

(Live - Virtual, Registration Required)

February 26, 2025 - Stress First Aid

(Live - Virtual, Registration Required, Multiple Dates & Times Available, Grant-Funded)

March 4, 2025 - A.W.A.R.E. SM Mindfulness: Level 1 - Cultivating Presence

(Live - Virtual, Registration Required, Flexible Contribution)

March 20, 2025 - Naloxone Administration Training

(Live - In-Person - One-Hour Training, Registration Required)

March 25, 2025 - Psychological Safety at Work

(Live - Virtual, Registration Required)

For more education and training opportunities presented by MESH, visit us at <https://www.meshcoalition.org/educationandtraining>.

Events

[Click Here for Current and Upcoming Events List](#)

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Indianapolis area. Assistance with info or questions at: MESHintel@meshcoalition.org

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